

Lies to Renounce

The following gives you an idea of the range of lies that may be uncovered in a ministry session. The lies are as unique as the person's story. Reflecting on this list will help you pick up on lies as they are expressed.

Be aware that you can deal with the lies by renouncing the specific lie or renouncing the spirit. For example, the lie "I am a failure" may be dealt with by renouncing a spirit of failure. The lie "I am not a good mother/father" may be dealt with by renouncing self-rejection, self-criticism, self-accusation, and so on. The lie "No one needs me" may be dealt with by renouncing self-pity. It may be helpful to assist a person in naming the spirits behind the statements because you then can name related spirits that may be harassing them. On the other hand, it may be more effective to simply renounce the lie because the words of the lie precisely express their bondage. Your best guide is to listen to the heart of the person in front of you while being led by the Spirit.

Lies:

- *I'm never where I'm supposed to be – I shouldn't be here – I should be dead – I don't belong- I am always in the wrong place*
- *I'll never amount to anything – I'll never be a success – I am a failure*
- *I am of no significance*
- *I have to do it all myself – No one will help me*
- *Nobody cares if I live or die*
- *I have to get it right – I have to be perfect/the best – I can't make a mistake (or something bad will happen)*
- *My mother/father/sister/brother/spouse's illness/death is my fault – I am responsible for their illness/death*
- *I do not have a voice – I am invisible*
- *It is always my fault*
- *Something's wrong with me*
- *I am ugly*
- *I am unworthy*
- *I am a terrible mom*
- *I'm nothing – I don't matter – I'm a mistake – I am worthless – I am not worthy*
- *God won't/can't help me – God doesn't want to help me – God doesn't care about me*
- *God can't be bothered with me*
- *God's mercy/ blessing/favor is for everyone but me*
- *God is against me – God wants to punish/is punishing me – God is getting back at me*
- *God is not in control – I've destroyed God's plan for my life*
- *Someone/everyone is out to get me*
- *My life is cursed – My life is doomed – I've destroyed my life – Bad things always happen to me*
- *I am a victim – I can't do anything right – I'm not able to do anything*
- *God cannot forgive me*
- *I am in control – I can fix those I love*
- *What I want doesn't matter*
- *I am worthless – I am lazy – I am no good – I am garbage*

- *I am not normal*
- *I can't say no – Anyone can do whatever they want to me and I can't say no*
- *I should be punished*
- *Nothing good ever happens or will ever happen to me*
- *I can't do anything about it – I can't fight back – I'm too weak*
- *It's hopeless – I can never change*
- *Showing emotion means I'm weak*
- *If they knew the real me, no one would like me*
- *If I say/do the right thing, everyone will be happy*
- *God made a mistake when He made me a man/woman*
- *Their anger is my fault*
- *My father's/mother's/sister's/brother's/spouse's anger/abuse was my fault*
- *I have to earn God's love*
- *God has abandoned me – God has rejected me – God is not protecting me - God has forsaken me*
- *Nothing is ever good enough*
- *I deserve the abuse*
- *The enemy/Satan is stronger than God*
- *God wanted this to happen to me*
- *No one will ever believe me*
- *I'm stupid – I'm bad – I'm dirty – I'm shameful – I'm sick – I'm nasty*
- *I should have stopped them – I deserved it – I should have done something to stop it*
- *It's just a matter of time before it happens again*
- *If I let them into my life, they'll hurt me too*
- *Not even God can help me*
- *God could never want me because of what happened to me*
- *I am a burden*
- *No one needs me – I am unimportant*
- *God could never love me*
- *I'm never going to get any better*
- *I have no reason to live*
- *Heaven is not for me*

Remember, whether a person renounces spirits, lies, or idols, the important thing is verbally breaking any internal agreement with the enemy's plan for their life. They are saying before witnesses, "I'm done with this." Renunciation is always done in the name of Jesus.